

CERTIFICATE OF PARTICIPATION

This is to certify that

Npho Phaswa

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 02:07:32

PACE 09:48/km

GENDER 69 of 79

OVERALL 110 of 149

OPEN 34 of 40

23 June 2019, Sun

Date



BoutTime

Signature

